

**WHAT IS CLAIMED IS:**

1. A cold weather breathing apparatus comprising:
- a) a head garment adapted to fit over the mouth and nose of a user,
  - b) a means mounted to said head garment forming a first channel for breath inhaled/exhaled from the mouth and forming a second channel for breath inhaled/exhaled from the nose,
  - c) said first and second channels being separate from one another at least in the vicinity of the nose and mouth, whereby exhaled user breath from said first and second channels is directed away from the user's nose and mouth.
2. A cold weather breathing apparatus as claimed in claim 1, wherein said head garment has a first hole positioned to align with the user's mouth and a second hole positioned to align with the user's nose, said first channel is formed by a mouth-channel-forming member having a first hole aligned with the head garment's first hole and a second hole aligned with the head garment's second hole.
3. A cold weather breathing apparatus as claimed in claim 2, wherein said mouth-channel-forming member has at least a third hole spaced laterally from the first and second holes for directing exhaled breath away from the user's mouth and nose.
4. A cold weather breathing apparatus as claimed in claim 3, wherein said third and optional additional holes are directed towards the wearer's face.
5. A cold weather breathing apparatus as claimed in claim 3, wherein said third and optional additional holes are directed in a downward direction.
6. A cold weather breathing apparatus as claimed in claim 1, wherein said second channel is formed by a nose-channel-forming member having a first hole aligned with said head garment's second hole.
7. A cold weather breathing apparatus as claimed in claim 6, wherein said nose-channel-forming member has at least a second hole spaced laterally from the first hole for directing exhaled breath away from the user's mouth and nose.
8. A cold weather breathing apparatus as claimed in claim 6, wherein said nose-channel-forming member is removably inset within said mouth-channel-forming member.

9. A cold weather breathing apparatus as claimed in claim 2, further comprising a mouth-disc-forming member with a hole passing through its center which is fastened around said first hole in said head garment.

10. A cold weather breathing apparatus as claimed in claim 9, wherein said mouth-disc-forming member is removably inset within said first hole of said mouth-channel-forming member.

11. A cold weather breathing apparatus as claimed in claim 1, wherein said mouth-disc-forming and nose-channel-forming members are attached to said head garment, and said mouth-channel-forming member is mounted to both the nose-channel-forming member and the mouth-disc-forming member.

12. A cold weather breathing apparatus as claimed in claim 1, wherein air diverting features are formed to reduce or eliminate the flow of external air through said nose channel and or through said mouth channel.

13. A head garment as claimed in claim 1, wherein said head garment is constructed from an upper panel means and a lower panel means forming a pocket for the wearers nose.

14. A cold weather breathing apparatus as claimed in claim 1, wherein said cold weather breathing apparatus is severed to allow the front side of the apparatus to be moved exposing the users nose and mouth.

15. Cold-weather breathing apparatus comprising:

a) a head garment adapted to fit over the head of a wearer and having a first opening positioned over the mouth of the wearer and a second opening positioned over the nostrils of the wearer.

b) a mouth-channel-forming member mounted on said head garment and having a first opening aligned with the head garment's first opening and a second opening spaced from and separate from the first opening aligned with the head garment's second opening, said mouth-channel-forming member having third and fourth openings spaced from the mouth-channel-forming member's first and second openings and positioned to direct air sideways and in a generally downward direction, said mouth-channel-forming member

being configured to direct the wearer's exhaled air after receipt by its first and second openings to the mouth-channel-forming member's third and fourth openings,

5 c) a nose-channel-forming member integral with said garment and attached to said mouth-channel-forming member and having a first opening aligned with the mouth-channel-forming member's second opening and second and third openings aligned with the mouth-channel-forming member's third and fourth openings,

d) a mouth-disk-forming member integral with said garment and attached to said mouth-channel-forming member and having a first opening aligned with the mouth-channel-forming member's first opening,

10 e) whereby separate breathing channels to the external environment are formed for the wearer's nose and mouth exhalations.

16. A cold weather breathing apparatus as claimed in claim 15, wherein said mouth-disc-forming member and said nose-channel-forming member are removably attached to said mouth-channel-forming member.

15 17. A cold weather breathing apparatus as claimed in claim 16, wherein said mouth-disc-forming member and said nose-channel-forming member are inset into said mouth-channel-forming member.

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